

Information

for County Councillors

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| From: | Pip Tucker, Public Health Specialist |
| Date: | 27 th July 2016 |
| To: | All County Councillors |

Somerset: Our County - Joint Strategic Needs Assessment (JSNA) 2016/17 'Ageing Well'

The JSNA is a statutory responsibility for all Health and Wellbeing Boards. It brings together information about the place, the people and their social and health status to give us a well-rounded picture of what it is like to live in Somerset. The focus for this year's JSNA is 'Ageing Well' – what helps us age well and maintain good mental and physical health into later life?

Qualitative work is an important part of our JSNA, it gives it a human side that reflects individuals' experiences and views. It complements the wealth of data that commissioners use as evidence to improve, change or develop services and ensures our services are tailored to the demands and needs of the whole population.

We would like to conduct a discussion group with members to hear your views on ageing well. All discussions will be anonymised and we would also be interested in your views of the older people you encounter as a Councillor – what helps them to age well within their local communities? What do you think impairs being able to maintain good health and wellbeing?

Ideally, the number for a discussion group is a maximum of eight people. It is anticipated the group (s) will be held sometime in September/October and would take up to two hours. The group (s) will be held at a time convenient to members.

If you would like to take part, please contact Jo McDonagh (JSNA Project Manager) in Public Health jmcdonagh@somerset.gov.uk 01823 357 275 and Pip Tucker (details below) with your availability, by the deadline of **Friday 2nd September**.

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